

Thanks to Ann Armstrong for recommending a landscape worker to clean the tables and chairs out on the Patio, to make repairs to the cedar fence, to rake up the leaves, to trim the bushes and the decorative grasses by the front steps, and chop down the two Sumac trees in the front yard, to remove the vines that are growing on the bricks and to prune back the juniper bush and honey suckle vines farther away from our neighbor Kelly's yard. Normally Matushka Deborah takes care of most of these chores, however this year she is following the senior guidelines and the stay at home orders.

The "Bread of Hospitality" must be suspended during this Plague. Sorry, only the Life giving Word dwelt among us and Sacraments and Blessings today.

Parishioners with June birthdays are Katie Huft Brock, Rdr. Bill Banta and Jael Proper. The practice of signing up for snacks and letting Matushka Deborah know is suspended until social gathering is permitted.

*Thanks to our dear Church Family for their generous donations during this challenging time. The Vestry have placed a collection plate at the back of the church,*

Please get your bulletin notices to Matushka Deborah by 12 noon on Thursday.

Father James Tochiara, who last month celebrated his Third Anniversary to the Priesthood here at St. Mark's, has written to reschedule his return to the Altar about one week from now. Father is suffering from some ailment that is painful when attempting to digest anything like coffee, wine, spicy food, bland food, and really anything normally thought to be appropriate to human digestion. So, your prayers for the pious James and Khouria Judith are needed!

Prayers are asked for Bishop Basil who had a 'stint' put in an heart artery recently.

He has turned off the telephone, the email, the smoke signals, the fund raisers, the carrier pigeons, the knock at the door, and the big drum.

During these several weeks of recovery he wants no, nada, stress and so has retreated behind the chancery doors, the loaded shotguns handled by the student residents, and the crocks in the moat. For the really persistent bishop groupies he has reserved the boiling oil and grenades. No 'just needing to get a word' will be received at the Chancery during this interval of quiet rest and restless quiet. Fr.JCC

Good news, Carol McCabe will be returning home this week. As some of you may know, she had another accident and broke her foot! We have noticed that no matter how bad things get for her, she always has a positive attitude and never gives up! Dana, Guy, Mark, Cathy and Debbie have been looking after her. Sean will be moving to Carol's home in Castle Rock next Month, so all shall be well.

Welcome to St. Mark's Online Church. ST. MARK'S will be producing a SUNDAY MASS at 10:00 AM today. Go to:

[www.WesternOrthodox.com](http://www.WesternOrthodox.com)

On the first or second page, maybe, find the beginning of a video, click on the arrow and the Service should begin to play. If not just remember it took 50 years after the telegram to invent the telephone.

Thanks to Fr. John Connely and our Archdeacon Vladimir McDonald and Deacon John Satorus Woolley and Subdeacons John and Daniel with our Readers, Acolytes, and flame throwers for faithful service.

**S**ATURDAY Mass (Latin) at 9:00 o'clock this week. We hope to continue one afternoon this week the work of recording a tutorial for the use of the *Plainsong Psalter*. God knows, might work.

# SAINT MARK'S CHURCH

An Orthodox Parish in the Western Rite Vicariate, Diocese of Wichita, Antiochian Archdiocese of North America

Established 1875 ☩ 1405 South Vine Street ☩ Denver, Colorado 80210

[WesternOrthodox.com](http://WesternOrthodox.com) ☩ 303-722-0707 ☩ [jcc@westernorthodox.com](mailto:jcc@westernorthodox.com)

ARCHBISHOP OF NEW YORK: JOSEPH, DIOCESE OF WICHITA: BISHOP BASIL, AWRV: VICAR BISHOP JOHN

## I TRINITY, June 21, 2020

A Prayer "For Manly Virtue" borrowed for Fathers' Day.

Dear Lord Jesus Christ,

I pray for manly virtue, that I may fulfill my vocation: to be an anchor of strength and love for my wife and children, overcoming impulses of pride and selfishness; to guide and form my children well, first of all by my own example, finding the right balance between tender affection and firmness; to be a man of principle and charity in the work place, quick to smile and always diligent in my responsibilities; to be a man of prayer and the sacraments, a faithful follower of Your Gospel in the midst of my parish. In all these things and more, O' Lord, may I be a good steward of the countless blessings You have bestowed on me. Therefore to Thee do we give Glory, and as well to the Father and to the Holy Spirit, now and forever and unto the ages of ages, *Amen*.

*Happy Father's Day to all the great Dads that are in Church today!*

The best gift that you can give this Father's Day is protecting your loved ones from contracting the Covid-19 virus. Proper hand-washing, social distancing, and wearing face coverings are the best ways to reduce the spread of the virus until there is a cure. So, let's keep Dad and Mom safe!

Mucho thanks to Mary and Alan Rench for Altar Guild work this month to make the Church beautiful, clean, and safe for all our Church family.

The Blessed Virgin Mary Shrine Candle is given in loving memory of Father Anthony (Robert) Miller by Fr. John and Matushka Deborah. Fr. Anthony was the Rector of St. Peter's Orthodox Church in Fort Worth, Texas. He died on June 21, 2013 & buried at St. Laurence.

Paschal blessings. Even with the change of policy about 'essential' services including churches as well as grocery stores and big box shops, the Orthodox hierarchy direct that we keep the under 25% rule for attendance and all the spacing of the previous regulations. So, not much has changed other than the legal force is moved more in favor of local churches. The Church of England has entirely shut down during the pandemic. For many that may be a mercy. Our Metropolitan Archbishop Joseph has ordered that where the local Civil Authority permit we may add worshipers, and Bishop Basil has approved our plan to add people with proper distance between them to restore attendance at the Liturgy. The clergy will conform to the new plan. **Holy Communion in both kinds (the sacred Host, the Body of Christ) and precious Blood from the chalice will be combined by the Deacon or Priest "dipping" the people's Host in the Chalice and placing the Sacrament on the tongue of the communicant.** We will have to space out at the Altar rail.

This Chinese viral infestation is no joke and for those who are compromised can be deadly. For safety sake, please wear a mask. We have extra face masks on the back table for those who need them.