

# SAINT MARK'S CHURCH

An Orthodox Parish in the Western Rite Vicariate, Diocese of Wichita, Antiochian Orthodox Christian Archdiocese of North America

Established 1875 ☧ 1405 South Vine Street ☧ Denver, Colorado 80210

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Archbishop of New York: Metropolitan Joseph, Diocese of Wichita: Bishop Basil, Antiochian Western Rite Vicariate: Vicar Bishop John, Monsignore Gianni, Father James, Archdeacon Vladimir, Deacon John Satorus

## XIII TRINITY, September 13, 2020

Thanks to Father John Connely for being our Celebrant and Preacher this morning. Fr. James Tochi-hara announces a possible return to the Altar and Pulpit on 27 September. He is has no particular diagnosis from his trusted Doctor and no treatment for whatever his persistent malady.

Please remember to protect your loved ones from contracting the Covid-19 virus by proper hand-washing, body distancing, and WEARING FACE COVERINGS. These are the best ways to reduce the spread of the virus. So, let's do the right thing and keep Dad and Mom and others safe!

**Holy Communion in both kinds (the sacred Host, the Body of Christ) and precious Blood from the chalice will be combined by the Deacon or Priest "dipping" the people's Host in the Chalice and placing the Sacrament on the tongue of the communicant. For the 'Gluten issue' folk we are preparing three or four separate chalices.** Please space out at the Altar rail.

The Altar flowers are given in memory of my Mother, Lucille on her Birthday by Carol McCabe.

THE Blessed Virgin Mary Shrine Candle is given in thanksgiving for Matushka Diana Mary Falcone's Birthday by Matushka Deborah and Fr. John.

Many thanks to Mary Rench and our Altar Guild for work this month to make the Church beautiful, clean, and safe for all our Church family. Also thanks to Mary for making Holy Communion wafers.

The Altar Guild will accept Sunday flower donations today for flowers on future Sundays. Look for the Altar Flower envelopes on the back table of the church.

The "Bread of Hospitality" must be suspended during the Plague. Thanks to our dear Church Family for their generous donations during this challenging time.

**The Vestry have placed a collection plate at the back of the church & a button on the westernorthodox.com site for the technically savvy.**

The September Vestry meeting will be held next Sunday at 9:00 AM.

Parishioners with September birthdays are: Ann Pinfield, Matushka Diana Falcone, Tamara McCrossen, Ron Lickteig and Augie (Augustine) and Mah-rya Proper. The practice of signing up for snacks and letting Matushka Deborah know is suspended during the endless pandemic.

The Colorado policy about 'essential' services including churches as well as grocery stores and big box shops and the Orthodox hierarchy direct that we keep the 25% rule for attendance and all the spacing of the previous regulations. This Wuhan Virus is no joke and for those who are compromised can be deadly. One Lab in France have determined the damage is neurological and so more potentially harmful than thought. For safety's sake, please wear a mask. We have extra face masks on the back table for all. Col. Diederich sent out an email notice of the latest chats from the Governor.

St. Elias Orthodox Church will be hosting their 13th Annual Golf Tournament at 8 AM on October 5th at the Meridian Golf Club. The address is 9742 So. Meridian Blvd, Englewood, CO. Lunch will be served at 1 PM and an Auction at 2PM. For more information go to [steliarvada.org/shop](http://steliarvada.org/shop). Tournament tickets cost \$150.00!

Please get your bulletin notices to Matushka Deborah by 12 noon on Thursday. Her email address is:

[matushka.deborah@gmail.com](mailto:matushka.deborah@gmail.com)

A meditation on the Patriots' Day, September 11 each year:

*Dear Heavenly Father,* Though the events of 9-11 took place long ago, many of us can recall them as it were yesterday. Many of us feel the effects, with the pain, of our country suffering attack by evil terrorists. On this day, Patriots' Day, we remember all those who were injured and those who were murdered in that terrible day filled with tragedy upon tragedy.

We make present in prayer those families and friends and we ask for peace, strength and comfort from our Lord Jesus. We also remember and honor the heroes who stepped in to help, to save, and to serve. God helping, we will never forget all those who gave their lives in this noble cause to rescue our brothers and sisters in peril at the Twin Towers, at the Pentagon and on the American Airlines Flight 11, United Airlines Flight 175 and United Airlines Flight 93. We remain forever grateful and pray for blessings over them and their families.

We pray for the spirit of unity even while we remember the unity that we felt in the midst of our Nation's agony on that day. We pray for a Grace of courage as our fellow citizens turn to God for wisdom and guidance as many did at the time of severe tribulation. It may be appropriate that most of all we pray for the promised return, in glory, of our Savior, The Lord Jesus Christ who will put an end to all tragedies and wipe away all tears. Lord have mercy, in every petition, accept this offering of prayer in the name of the Father, Son and Holy Spirit. *Amen.*

From a letter of Fr. Henri Neuwen: "The first and most important task we have is to keep our eyes on God and Him alone. We will never overcome the demons by analyzing them, but only by forgetting them in our all-consuming love for God. God is simple, demons are complex. Demons like to be analyzed, because that keeps our attention directed to them. God wants to be loved. I am more and more convinced that the first commandment indeed needs to be first: to love God with all our heart, all our soul, and our entire mind."

There is no commandment to analyse strange Freudian constructs... like the 'unconscious' whatsit.

Nancy Stuart Steffen's new address is 982 Blue Bell Road, Berthoud, CO 80513. Please let Matushka Deborah or Fr. John know if you have moved in the past year.

Let us hope Mary Rench returns from her multiple travels soon. Altar Guild work is not getting done outside the much appreciated washing of linens. The clergy attempts to carry on are notably lacking in many details. Who knew that holy water evaporates like the regular unleaded brand from the tap? And flowers wilt and need replacements?

Welcome to St. Mark's Online Church. We may produce a Sunday Internet Mass at 10:00 AM today: [www.WesternOrthodox.com](http://www.WesternOrthodox.com)

THIS WEEK, THE MASSES OFFERED ARE:

Monday: Exaltation of the Holy Cross  
Mass at 6:00 PM

Saturday: Latin Mass, 9:00 o'clock  
Confessions by appointment.